



## Are you a parent or family member of a person with intellectual disability?

Power to You is an e-Learning program for people with disability, their families and supporters. Learn by watching animated lessons and videos co-designed by people with disability.

### Access free resources and guidance to assist you to:

- Support their decision making and goal planning
- Increase their independence and keep them safe
- Plan for their future support as you age
- Create a support circle for them

#### Topics include:



Planning



Staying safe



Rights



Legal documents



Creating a Circle of Support



Supported Decision-Making

Promote your family member's human rights by sharing the Power to You program.



**Visit our website**

 [PowerToYou.org.au](https://PowerToYou.org.au)

